

September 2021

B	I	N	G	O
 <p>Strength Activity</p> <p>Initials _____ Date _____</p>	 <p>Pool Activity</p> <p>Initials _____ Date _____</p>	 <p>Stretch Activity</p> <p>Initials _____ Date _____</p>	 <p>Cardio Activity</p> <p>Initials _____ Date _____</p>	 <p>Any Class</p> <p>Initials _____ Date _____</p>
 <p>Cardio Activity</p> <p>Initials _____ Date _____</p>	 <p>Land Activity</p> <p>Initials _____ Date _____</p>	 <p>Any Class</p> <p>Initials _____ Date _____</p>	 <p>Strength Activity</p> <p>Initials _____ Date _____</p>	 <p>Cardio Activity</p> <p>Initials _____ Date _____</p>
 <p>Stretch Activity</p> <p>Initials _____ Date _____</p>	 <p>Strength Activity</p> <p>Initials _____ Date _____</p>	<p>Complete an Equipment Orientation</p> <p>Initials _____ Date _____</p>	 <p>Cardio Activity</p> <p>Initials _____ Date _____</p>	 <p>Pool Activity</p> <p>Initials _____ Date _____</p>
 <p>Any Class</p> <p>Initials _____ Date _____</p>	 <p>Cardio Activity</p> <p>Initials _____ Date _____</p>	 <p>Strength Activity</p> <p>Initials _____ Date _____</p>	 <p>Land Activity</p> <p>Initials _____ Date _____</p>	 <p>Land Activity</p> <p>Initials _____ Date _____</p>
 <p>Cardio Activity</p> <p>Initials _____ Date _____</p>	 <p>Pool Activity</p> <p>Initials _____ Date _____</p>	 <p>Stretch Activity</p> <p>Initials _____ Date _____</p>	 <p>Any Class</p> <p>Initials _____ Date _____</p>	 <p>Strength Activity</p> <p>Initials _____ Date _____</p>

LIMIT ONE MARK PER DAY.

When attending a class, please have instructor initial box. ACCUMULATE MARKS
September 1-30. Date and boxes you mark must correspond to Activity of the day.



The Health & Fitness Center
AT WASHTENAW COMMUNITY COLLEGE

Live life to the fittest.



4833 East Huron River Drive, Ann Arbor, MI 48105 • 734-975-9950 • wccfitness.org